

JULY 2026

RYAN Healing Center Newsletter



A YEAR OF FREEDOM

At RYAN Healing Center, we believe recovery is about far more than abstinence. It is about helping women discover freedom spiritually, emotionally, mentally, and physically. Every restored relationship, every reunited family, every child returned to a healthy mother, and every woman who finds purpose again is a testimony that freedom is possible thru Christ who sets them free.

Taylor - Faith To Freedom

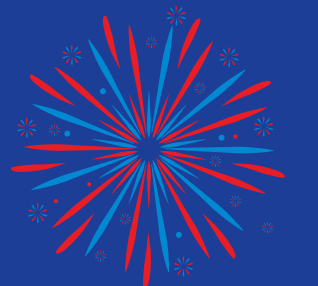
Leaving Ryan Healing Center is filled with so many emotions. This place became more than just a program. It became a home where I found hope, healing, and a relationship with God that changed my life.

When I arrived, I was broken by addiction, ashamed of my past, and unsure if I could ever become the person I wanted to be. Through the love, support, and guidance I received here, I learned to trust God, believe in myself again, and fight for the life I once thought was impossible. I will always be grateful for God, the staff, the friendships, the lessons, and every challenge that helped shape me into the woman I am today. While it's hard to leave. I know this isn't the end of my journey. It's the beginning of a new chapter, and I'll carry everything God and Ryan Healing Center has given me wherever I go.



2026 FREEDOM HIGHLIGHTS

- 2 mothers transitioned back into the community after completing our program.
- 6 children supported through our mothers and children program so far this year.
- Strengthened existing and connected with new community partners for resident resources.
- All indigent women received scholarships to cover at least their first month in our program.
- Successful sober pregnancy, healthy birth for 1 mother
- Reunification advocacy with 2 mothers.
- Beautiful and successful 1st annual fundraiser.
- Donations received to cover A/C replacements or repairs in all our buildings.
- Donation for passenger van to provide transportation



True Freedom Is In Christ



PENNY

When I first arrived I was so lost and way over medicated. Through the love and support I received I got off of prescriptions and given holistic supplements. Being clean and sober has changed my life more than I could possibly express. I have a wonderful relationship with God. Once I finally surrendered my life began to get better easier and all thanks to the love and support at RYAN . The women on staff are a constant in our lives. They support us and encourage us to do better and be a better person. The meetings I now look forward to. When I arrived I was frightened and lonely. But as the days turned to weeks and then months I felt like a butterfly being born out of a cocoon. All thanks to the staff that brings something different to my recovery. Without their love and support I don't know where I would of ended up.

Probably dead from an overdose. I owe my life and my recovery to God!

MELANIE

Ryan Healing Center has saved me. I was lost in an addictive lifestyle controlled by alcohol. I was on the verge of losing everything. My marriage was falling apart, I lost my job, and lost my faith in Jesus. RYAN Healing Center is like a family to to me. I am grateful to be here. Without this program, I would be much worse off. Thank you God & RYAN taking me under your wing and getting me on the right path.

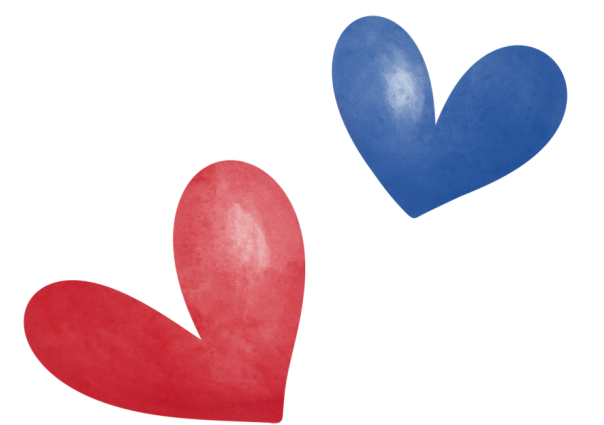
FREEDOM Is Possible Together

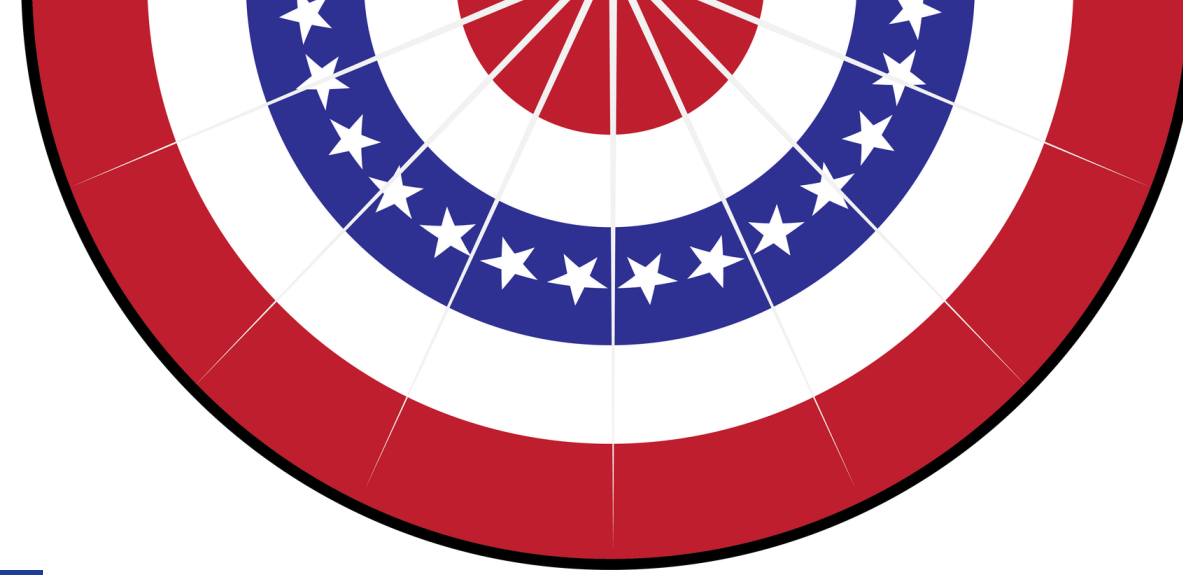


Penny



MELANIE





*Freedom Brings
Gratitude*



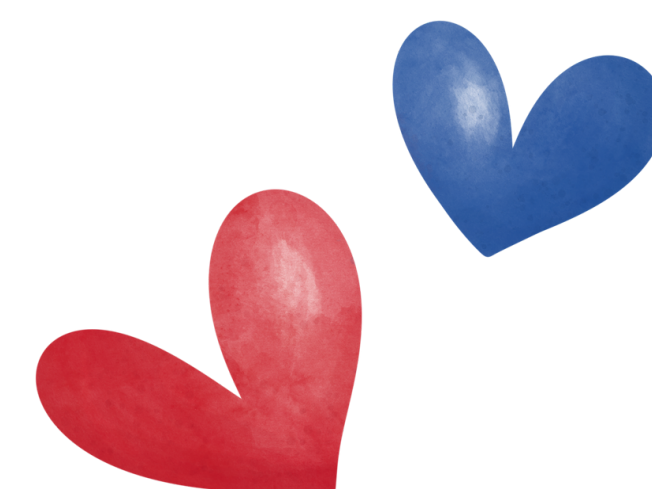
THANK YOU TO OUR VOLUNTEERS

We appreciate our awesome volunteers who bless the women by providing childcare, transformation prayer and sexual abuse support group, child reunification support, mentoring, Bible studies, life-skills classes, transportation, gardening, property improvement projects, and funding.

A Message From Our Founder

Freedom Is More Than a Holiday

For many, freedom is represented by fireworks, family gatherings, and the American flag. While those traditions are meaningful, at RYAN Healing Center we witness another kind of freedom every single day. It is the freedom of a mother to be able to parent her child and children with love and clarity as never before. It is the freedom of a woman waking up without shame or fear for the first time in years. It is the freedom that comes when chains of substance use, trauma, destructive thinking, and hopelessness begin to break. Freedom reminds me once again why God called us to this mission. We have celebrated successful program completions allowing our residents to experience freedom in our community to be all they were created to be. We witnessed a healthy sober pregnancy and birth followed by reunification with an older child, and watched women discover that healing is truly possible. We have also seen lives transformed through holistic wellness, community support, and the unwavering love of Christ.



None of this happens alone or is possible without the love of Christ and our community. To every donor who gave, every volunteer who invested time, every church that prayed, every community partner who believed in our mission, and every supporter who shared our story—you are part of every life changed.

A special thank you to Modern Services, whose extraordinary generosity donated a new air conditioning system for our main residence, Jeff at Jeff's A/C for extending our air conditioning to additional rooms, and Kobie Air for repairing one of our air conditioning systems in a mothers unit. Your gifts of cool air brought comfort, dignity, and hope to the women and children we serve.

As we look toward the second half of this year, our vision continues to grow. We believe God is opening doors for expanded housing for mothers and children, stronger community partnerships, and greater opportunities to serve women seeking lasting recovery. Every woman who walks through our doors reminds us that no life is beyond redemption.

Galatians 5:1

“It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.”

That Scripture captures the heart of RYAN Healing Center. We are not simply helping women become sober—we are helping them become free from the slavery of addiction.



Thank you for standing with us. Because of your partnership, hope is growing, families are being restored, and lives are being transformed.

As you celebrate freedom with your own family this July, I invite you to remember the women and children who are fighting for their own freedom every day. Your prayers, your generosity, and your encouragement make that journey possible. Together, we are proving that recovery is real, hope is alive, and God still transforms lives.

With gratitude,
Judy Regner
Founder
RYAN Healing Center

LOOKING AHEAD

As we move into the second half of the year, we remain committed to helping women break free from addiction, restoration of their families, and the authentic life God created them to live. We look forward to fulfilling the vision God has given us is to create a long term tiny home village for mothers who complete our program. Many mothers are finding it difficult to find safe housing after leaving our program. We are asking you to pray and ask God about supporting this vision of FREEDOM Tiny Home Village at RYAN Healing Center.

Let Freedom Reign!