RYAN HEALING CENTER FALL NEWSLETTER



This fall, our hearts at RYAN Healing Center are filled with gratitude—for God's faithfulness and for the people He brings alongside us.

To our donors, volunteers, church partners, staff, and friends: thank you for praying, giving, serving, and believing in the women and children who call RYAN home. Your kindness helps create a place where women can rebuild their lives, grow in faith, and rediscover hope.

In this issue, we celebrate Shelby's family reunification, make space for her testimony, share our Sunday Fun Day, and invite you to join us for breakfast on December 4.

Thanks to one of our faithful donors, Sunday Fun Day brought hibachi, poolside fellowship, and plenty of smiles to RYAN. Shelby and her son Caleb joined in the cooking fun, sharing joyful moments together as part of our recovery community.

BEFORE





AFTER





WE ARE GRATEFUL FOR ALL WHO HELP MAKE THIS POSSIBLE

THIS FALL, WE ARE GRATEFUL FOR THE PEOPLE WHO MAKE ROOM FOR NEW BEGINNINGS. AT RYAN HEALING CENTER, FAITH, RECOVERY SUPPORT, AND EVERYDAY ENCOURAGEMENT HELP WOMEN WORK TOWARD LASTING CHANGE AND STRONGER FAMILIES.



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SHELBY'S TESTIMONY

My name is Shelby McCracken and my son's name is Caleb.

I've been an addict for as long as I can remember and just completely lost. I have been in so much trouble because of my addiction and nothing seemed to help me.

I tried mental health medications, suboxone, rehabs, jail.

I came to RYAN Healing Center the first time in 2019 and completed a year and built a relationship with God and had some experience with sobriety.

I thought I was all fixed and had almost 6 years of sobriety, but I stopped doing all the things I was told to do when I first came in.

The relapse was inevitable and very ugly because this is a progressive, fatal disease.

I knew where I had to come back to a second time and that was RYAN Healing Center. So even though I felt like I lost almost 6 years of sobriety because of my relapse, I know now its part of my story. I work this program like my life depends on it and that is because of this program and the support of the people in this facility. Now I have my son back with me and am happy, joyous, and free.

Promises come true for me daily and I am hoping my experience, strength, and hope will help pull someone else out of the pit.

Romans 12:2

Do not conform to the patterns of this world, but be transformed by the renewing of your mind.



Then you will be able to test and approve what God's will is-his good, pleasing and perfect will.

HAPPY THANKSGIVING

1 Chronicles 29:13

Now, our God, we give you thanks, and praise your glorious name

With gratitude from RYAN Healing Center

